

Caring TOGETHER

SHARING LIFE STORIES OF COMPASSION, HOPE, & HELP

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CARE NET



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From Loss To Life

How Angelica Learned She Can Be the Mom Her Baby Needs!

When Angelica* called Care Net's national hotline, her heart was heavy with fear and confusion. **Right up front, she told the coach who answered her call – Tabitha – that she wanted an abortion.** She'd been through so much pain and loss and felt there was no way she could be a good mom to a newborn infant.

Her own mother had recently passed away and she didn't have any support or guidance from any other family members. She had also recently endured a miscarriage – a heartbreaking experience that hurt her physically and emotionally. Making everything worse was the fact that she had a broken relationship with the baby's father – a man she didn't trust to be a supportive partner or parent.

Being a new mom to a baby with all this swirling

around her felt *overwhelming*. Angelica was audibly scared, lonely, and desperate on the call.

"I don't think I can do this," she admitted quietly. "I don't think I can bring a baby into all of this."

God Moved Through You to Show Angelica the Way

As the conversation continued, Tabitha listened patiently, helping to calm Angelica's nerves and assure her that God loved her and that there are people ready to come alongside her and her baby in their time of need. That's when Angelica shared the moment that had shaken her to her core. During a recent ultrasound, she'd heard her baby's heartbeat.

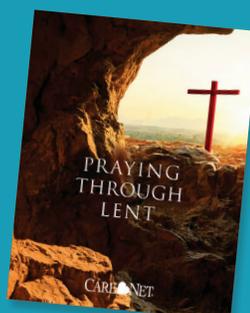
"When I heard it," she said, "everything inside me started fighting. I felt so torn."

That heartbeat changed something. It made her question everything about the life she was carrying and whether an abortion was the right choice.

As Tabitha kept listening, she offered Angelica compassion while reminding her about the value of the tiny life growing inside her. Together, they talked through the fear, the

Join Us In Prayer This Lenten Season

Lent is coming! Are you ready? The *Praying Through Lent* devotional from Care Net can help you and your family focus on the life-changing and culture-transforming power of the Gospel as we prepare together to celebrate Christ's resurrection.



Get your free 40-day Lenten Devotional today care-net.org/lent-devotional

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PREPARING FOR "YEAR 51"

Having just commemorated our 50th year of ministry here at Care Net, my mind is already fixed on what God has in store for us this year . . . and for the next 50 years of Pro Abundant Life ministry.

I praise God for His help in reaching so many milestones last year! We surpassed 1,300 pregnancy centers in our affiliate network; we merged with ICU Mobile sending mobile medical units into underserved areas; we had our biggest national conference ever; we started taking calls to our hotline in Spanish; we launched a campaign to dramatically grow our life-saving programs; and the list goes on.

I regularly give thanks to God for you. Your prayers, generosity, and encouragement have helped make this Gospel-centered ministry possible. That is why I am encouraged about the next year of ministry with you, and I hope you are, too!

In 2026, we plan to expand our national hotline, *Pregnancy Decision Line*, like never before. With more coaches, we'll be able to answer more calls and chats than ever from those researching abortion online, ultimately saving more lives, sharing the Gospel more often, and building more families.

We will also expand our work to educate and inspire the Church about what it means to be Pro Abundant Life, and to put those beliefs into action by serving women and men at risk for abortion in their pews and communities each week.

We will also grow our fleet of ICU Mobile medical units, which will go to even more hard-to-reach neighborhoods in our nation. These units will minister to even more women and men at their critical point of need and show them the beautiful life God is knitting together in the womb.

And that's just the start! It's a big job, but we serve a big God, and through Him, all things are possible.

Thank you for standing with us as we enter "year 51". I can't wait to see what God will do through us together!

Care Net envisions a culture where women and men faced with pregnancy decisions are transformed by the Gospel of Jesus Christ and are empowered to choose life for their unborn children and abundant life for their families.



Blessings,

A handwritten signature in blue ink that reads "Roland C. Warren". The signature is fluid and cursive.

Roland C. Warren
Care Net President & CEO



OVERWHELMED, AFRAID, BUT NOT ALONE

Thanks to your help, Tonya and Derek are excited to grow their family

When Tonya* stepped onto the ICU Mobile medical unit she'd noticed serving people in her neighborhood, she was carrying far more than a pregnancy.

Life felt heavy. She and the baby's father, Derek,* were facing multiple hardships at once – unstable housing, financial pressure, and the emotional strain that so often accompanies uncertainty about the future.

Like many women served by Care Net's mobile medical ministry, Tonya lived in a neighborhood where access to trustworthy medical care and compassionate support is limited. In fact, her neighborhood is the kind of place where, historically, Planned Parenthood has preyed upon the residents. Instead of offering real choices and compassionate care, they push abortion as the "only" solution to the "problem" of an unplanned pregnancy.

But the mobile medical team unit met Tonya right where she was – both physically and emotionally.

At the outset, Tonya said she was considering abortion. Before rushing to conclusions or judgment, our team did what they always do: they listened. They offered medical clarity. **They also gave Tonya something even more powerful – hope.** They prayed with her and Derek right there in the medical unit. In that moment, God began working in ways this distressed young couple could have never predicted.

You Surrounded a Family with REAL Help

As part of her care, the team shared *Before You Decide*, Care Net's medically accurate resource that walks through pregnancy options with compassion and clarity. They also connected the couple with local resources to help address their practical needs. And then they stayed in touch – checking in, encouraging, and continuing to walk alongside them.

Days later, Tonya sent a text message that stopped the team in their tracks.



WILL YOU ANSWER THE CALL?



OUR CARING PARTNERS:

HEROES SAVING LIVES 365 DAYS A YEAR!

Every single day, parents considering abortion find Care Net's national hotline, one of our affiliated pregnancy centers, or a church equipped for vibrant pro-life ministry through our church curriculum. You can help ensure they are able to find compassion, hope, and help 365 days a year by donating monthly as a *Caring Partner*!

As a *Caring Partner*, you will also receive special benefits, including:

- Invitations to special partner events
- Updates on how your monthly support saves lives
- An exclusive monthly prayer devotional for your personal spiritual growth

3 EASY WAYS TO ENROLL AS A CARING PARTNER:

1. Select "Make My Gift Monthly" on the enclosed reply device and return it with your first monthly gift.
2. Visit us online at: care-net.org/give-monthly
3. Call us at 1-800-518-7909



Questions?

EMAIL US AT CARINGPARTNERS@CARE-NET.ORG



FROM LOSS TO LIFE

Continued from page 1

grief, the uncertainty, and the quiet tug of God at her heart.

They prayed. And in that sacred moment, the Holy Spirit began to move. By the end of the call, Angelica sounded different. Lighter. Still cautious – but no longer certain that abortion was her path.

"I think . . . I think I want to keep the baby," she said. "I'm not completely sure yet, but almost."

Finding Support, Choosing Life

The next day, Tabitha called Angelica to follow up. Tabitha wasn't sure what to expect from Angelica but she prayed and dialed her number.

Angelica answered on the first ring and didn't hesitate.

"I'm keeping my baby," she said with joy in her voice. "I thought about everything we talked about. Thank you for being there. I feel so much stronger now."

Amid grief, fear, and broken relationships, God planted courage. In the middle of uncertainty, He brought clarity. And through one Spirit-filled conversation made possible by your compassion and generosity, a scared mom found the strength to choose life.

Thank you for being part of this miracle!



Steps to Help Save a Life

1. Cut out PDL cards
2. Carry with you
3. Share with someone facing a pregnancy decision


**pregnancy
DECISION
LINE**

**ANSWERS.
BEFORE
YOU
DECIDE.**

- Caring
- Confidential
- Nonjudgmental

pregnancydecisionline.org
877.791.5475

ANSWERS. BEFORE YOU DECIDE.

Pregnancy Decision Line (PDL) is a national hotline providing caring, confidential, and immediate support to women and men facing tough pregnancy decisions.

**ARE YOU READY TO
START A CONVERSATION?**

We are here for you at **877.791.5475**
or pregnancydecisionline.org



You can connect a parent with an unexpected or unexpectedly complicated pregnancy with the compassion, hope, and help they need to choose **LIFE** for the unborn child and **ABUNDANT LIFE** for their family!



ARE YOU 70 ½?

Did you know that you can make a difference today and get some tax benefits at the same time?

It's possible when you give to Care Net through your traditional IRA. Since Care Net is a qualified charity according to the IRS, this is called a Qualified Charitable Distribution (QCD)

BENEFITS OF A QCD GIFT

Any amount given through a QCD gift counts towards your Required Minimum Distribution (RMD) but will not count toward your income.

In the year that you turn 73, you *must* begin to draw your RMD. You can give a gift to Care Net to satisfy all or part of the RMD. You will not receive a charitable tax deduction, but you don't claim the gift amount as income which could mean lower Medicare premiums. It could also lower your taxable Social Security amount!

For more information, you can reach Bob Milton at 205-914-4812 or bmilton@care-net.org. Learn more at carenet.plannedgiving.org.



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“You’ve been a blessing to us,” she wrote. “That prayer you made for me at my appointment basically changed everything for me. I’m sad that I was contemplating other options. But I knew I couldn’t do it! Now we are extremely happy and feeling really blessed. God is definitely good.”

Praise God! Through one appointment – made possible by your generosity – a family moved from fear to joy, from uncertainty to peace, and from contemplating abortion to choosing life.

Of course, this is real life, and not a fairy tale, so this couple’s journey remains challenging. At a recent prenatal visit, doctors noticed potential abnormalities in the baby boy’s heart. A follow-up scan is scheduled, so please join us in lifting this family up in prayer – for calm, for peace, for healing, and for a healthy child. Please also pray this young couple will find stable, permanent housing where they can raise their baby.

This is the reality of Pro Abundant Life ministry. Choosing life doesn’t mean challenges disappear – but it does mean *families no longer face them alone*. With your support, our expanding fleet of mobile medical units continue to bring compassionate, Christ-centered, life-affirming care into underserved neighborhoods – meeting women at critical moments and helping them choose life and abundant life in Christ.

Thank you for making stories like Tonya’s possible!



Make Sure You Stay Connected Through Our

HOPE & HELP

Updates text group!

Text "LIFE" to
703.936.4185



You'll be asked for your first name, last name, and email address to be added to the group. Even if you've received our texts before, please sign up again to stay connected.



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Lansdowne, Virginia 20176
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pregnancy DECISION LINE

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**Names throughout this newsletter have been changed to protect the privacy of individuals. So many times, a hotline coach or mobile medical team member may be one of the only people to know a client is pregnant and considering abortion. Therefore, we never release names or pictures without permission.*